



SWIMRITE is not like your average swim school - the **SWIMRITE** approach will suit your child

A UNIQUE WAY OF COACHING SWIMMING

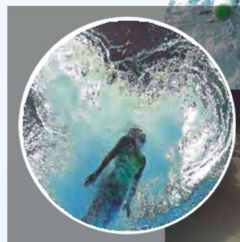
- Only 2 - 3 pupils per coach
- From 1 year and older
- Un-intimidating environment Fun AND learning
- Self-confidence
- Great love for water
- Unique approach
- Water confidence
- Progress Report/ Certificate
- Curriculum
- Qualified Coaches
- Stroke training

Butterfly

Backstroke

Breast stroke

Crawl



Swim
to live



For more information, contact:

Bronwen Gildenhuys

082 997 8121

abgildenhuys@polka.co.za

20 minute timeslots From 13:30 - 15:30 Wednesdays/
Thursdays/ Fridays

One lesson a week: Term 1 (7 lessons of 20 minutes) R535 due 1
Febr / R535 due 1 March

2 lessons a week: Term 4 (14 lessons of 20minutes) R1070 due 1
Febr R1070 due 1 March

Registration Fee 2026: R250 (includes a swimming cap)

<https://swimriteindoorinfo2025.framer.website/>



Become part of our EXCITING programme !!!



Enrolment Form



CHILD'S DETAILS

Name

Surname

Date of Birth

☐ Male

☐ Female

School Name

Class

OTHER IMPORTANT INFORMATION

Does your child have grommets or any problems relating to water?

How would you describe your child's ability in water at present? (Please also specify any swimming aids that have been used):

Is there anything else you think we should know? (e.g. complexes, lack of confidence, physical disabilities):

PARENTS' DETAILS

Mother Name & Surname

ID No

Cell

Contact No Tel (h)

Tel (w)

E-mail

Father Name & Surname

ID No

Cell

Contact No Tel (h)

Tel (w)

E-mail

Who do we contact if we cannot get hold of the parents?

Name & Surname

Cell

Terms & Conditions

- Accounts are strictly payable in advance. If payment is not received the second week of the term, your child will not be accepted in class and you will be liable for all fees.
- Unless alternative arrangements were made by the person responsible for payment, late payments will be charged an additional 2% outstanding amount 30 days after payment date.
- There is no coaching of classes on public holidays or school holidays.
- One calendar month's written notice must be given when leaving SWIMRITE per email to abgildenhuys@polka.co.za.
- There is no reduction for non-attendance due to illness or any other reason.
- Lessons run strictly according to lesson times as agreed by the client and coach. If a pupil is late, the lesson cannot unfortunately be extended beyond a specific time.
- ONLY ONCE a registered SWIMRITE student is called by his/her coach may they enter the water. No siblings are allowed in the pool.
- You enter the SWIMRITE property and pool area on your own risk.

I, the undersigned, indemnify the **SWIMRITE** Coaches of any responsibility should my child be injured through his/her participation in the **SWIMRITE** programme. I accept the terms and conditions as indicated in this leaflet.

Signature Date

Please email this form to BRONWEN TO BOOK A TIMESLOT

State ability of learner, class, is he in aftercare, one or two lessons a week